COURSE TITLE: Theory and Methods of Individual and Dual Sports  
COURSE NUMBER: PE 360A  
SEMESTER: SPRING 2011  
CLASS MEETS: 12:00 to 12:50  
PLACE: SAC 1001 and SAC GYM  
INSTRUCTOR: Gracie W. Stroup (gw_stroup@hotmail, gstroup@cn.edu)  
OFFICE: Physical Education Department, 471-3304  
OFFICE HOURS: By appointment  
CREDIT: Three Semester Hours  
FINAL EXAM DATE: Monday, May 9, 11:00-1:00  
EMERGENCY PLAN:  

OBJECTIVES: Upon completion of this course the student should be able to:  

1. Demonstrate an understanding of motor skills (from the simplest to the most complex), needed for students to become competent individual and dual sport players. (#3)  
2. Demonstrate an understanding of the skill acquisition and body control needed for students to become competent individual and dual sport players. (#1)  
3. Demonstrate knowledge of the rules and strategies needed for students to become competent individual and dual sport players. (#1 & #3)  
4. Provide learning opportunities that support student development of appropriate social, personal, and leadership skills needed for successful individual and dual sport participation. (#1)  
5. Demonstrate the ability to teach skills needed for students to become competent lifetime participants in individual and dual sports. (#4)  
6. Create developmentally appropriate daily lesson plans for individual and dual sports. (#2 & #3)  
7. Demonstrate knowledge of appropriate drills and lead-up games for students to become competent individual and dual sport players. (#3)  
8. Provide examples of instructional strategies and modeling skills that facilitate an environment where students develop critical thinking, problem solving and performance skills needed for successful individual and dual sport
participation. (#4 & #6)
9. Demonstrate an understanding of how verbal cues can be used to increase student performance in individual and dual sports. (#4)
10. Create a learning environment that encourages positive social interaction, active engagement in learning and self-motivation. (#1 & #6)
11. Demonstrate the ability to reflect on teaching performance in order to evaluate the effect instruction has on student success. (#7)

Objectives for this course meet the knowledge and skills statements from the Tennessee Department of Education Matrix.

ACTIVITIES TO ACHIEVE OBJECTIVES: Students will meet objectives by participating in the following activities.

Listening to Lecture and Participating in Class Discussion
Observing Model Teaching Sessions by Instructor
Learning and Practicing Various Methods of Teaching Physical Education
Discussing and Planning Teaching Sessions
Teaching Peers
Writing Daily Lesson Plans
Analyzing Personal Teaching Session
Reflecting on Personal Teaching Session

Course Outline of the Content:

1. Skill themes and movement concepts needed for teaching individual and dual sports.
2. Methodology of lesson plan writing.
3. Teacher methodology for individual and dual sports (cue development, demonstrations, strategies and major concepts)

INDIVIDUAL AND DUAL ACTIVITIES:

1. Badminton
2. Pickleball
3. Fitness Activities
4. Golf
5. Tennis
6. Track and Field
7. Pedometers
8. Bowling
9. Frisbee Golf
10. Archery
11. Recreational Activities (Croquet, Ping-Pong, etc.)
12. Paddleball

COURSE CALENDAR:

Course calendar will be updated weekly in class.

ASSESSMENT OPPORTUNITIES:
1. Written Theory Exam
2. Daily Lesson Plans
3. Instructor Assessment of Student Teaching
4. Self-Assessment of Student Teaching
5. Video Analysis
6. Self-Reflection Paper

Each assessment opportunity will have a designated point value. The total number of points earned by the student after he/she has completed all the assessments will be divided by the total number of points possible from all the assessments. The resulting percentage fits into the following grading scale.

GRADING SCALE:

A = 93-100
B = 85-92
C = 77-84
D = 70-76
F = 69 and Below

ATTENDANCE POINTS: Extra points may be earned and added to your final grade. Unexcused absences greater than three will severely affect his/her final grade.

<table>
<thead>
<tr>
<th>Days Absent</th>
<th>POINTS EARNED</th>
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<tbody>
<tr>
<td>0 to 1</td>
<td>2</td>
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<tr>
<td>2</td>
<td>1</td>
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<tr>
<td>3</td>
<td>0</td>
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<tr>
<td>4 or over</td>
<td>1 subtracted for each class missed</td>
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ADDITIONAL REQUIREMENTS:

Students will provide four DVD-R disks to Mrs. Stroup by January 21st. You will receive these to view and evaluate your teaching.

Daily lesson plans will be typed using the computer format designed by Dr. Hodgson and Dr. Love. Lesson plans will be turned in to Mrs. Stroup before you teach. If you do not provide the evaluator with a lesson plan, 5 points will be deducted from your lesson plan grade.

You will be videotaped each time a lesson is presented. You will take your video (provided by Mrs. Stroup) home and complete your video analyses. You have two class periods to complete your video analysis. (Example: If you teach on Monday, you will receive your video on Wednesday, and the analysis will be due the following Wednesday.)
If the video analysis is not returned, one point will be subtracted from the final grade for each day the tape is late.

POLICIES FOR PE 360A

1. Daily attendance is mandatory. Please see information regarding attendance grade in the syllabus.

2. For an absence to be excused, the instructor must receive documentation from medical personnel, trainer, college professor, sponsor or coach.

3. Three tardies of ten minutes or more equal an unexcused absence.

4. Work must be handed in on the due date, during class, to receive full credit. Five points will be deducted for each day that the work is late. Work will not be accepted after three class sessions.

5. Work or test missed due to excused, instructor-approved absence, must be made up within three class sessions. It is the student’s responsibility to schedule all make-up work.

6. Students must dress appropriately for activity classes. (DO NOT WEAR SANDLES) If you attend class and cannot participate because you are not dressed appropriately, you will be counted absent. If you cannot participate due to an illness or injury, you must have a written excuse (doctor or trainer) for the instructor before class begins to not be counted absent.

7. Students having trouble with the course, should contact Mrs. Stroup immediately to discuss the specific problem and possible solutions.

8. The instructor reserves the right to adjust the grading procedure and/or the calendar.

9. At no time will the instructor allow students to do extra credit to improve grades after final grades are turned in to the registrar.

10. Carson-Newman College is committed to extending access and opportunity to those who have disabilities. To request modifications or accommodations to a disabling condition, or for a copy of the college policy concerning modifications or accommodations, you must contact Dr. Rebecca Van Cleve, Chambliss Building 15, extension 3269.

11. Cellphones and other electronic devices must be turned off and out of sight during class. Continual violation of this policy will result in being asked to leave the class for the day with a grade point deduction for attendance.