Course Instructor:

Credit: Three (3) semester hours graduate
Tuesdays 2:15 – 3:45

Required Texts:

Suggested Text:

Strong recommendations for graduate students in the course:
ACA, ASCA, AMFT, and APA resources and materials.
Student membership in area, state, and national professional counseling organizations representing your area of emphasis and attendance at meetings when possible.
Participation in professional development activities for counselors.

Online Delivery System:
Although this is not an online course, this course will be using Edvance360 for some communication and assignments. You are required to check this as well as your Carson-Newman email address regularly.

TECHNOLOGY REQUIREMENTS:
Computer requirements:
• A PC running Windows XP or later or a Macintosh running OS 10.2 or higher
• Audio capability may be required
• Internet connection using Broadband, Satellite or DSL

Software requirements:
• Browser with Javascript: Mozilla Firefox 4 or above (Recommended); Internet Explorer 7 or above or Safari 4 or above
• Enabled Java Plug-In required or Adobe Flash Player
• Office 2003 or Office 2007 (recommended) for PC’s, Office 2000 or 2008 for Mac’s
• Adobe PDF Reader, free from www.adobe.com

For more information about online learning requirements see:
C-N Online Learning Student Handbook retrieved at http://cnweb.cn.edu/odlloritation/

Accessibility:
Any student with a special documented disability (sight, hearing, mobility, learning, etc.) that may affect class activities should contact the Coordinator of Students with Disabilities, David Humphrey. Mr. Humphrey’s phone number is 471-3268. His office is located in Kathleen Manley Wellness Center. Students will have to provide appropriate documentation.

Methods of Instruction:
This course will include: reading and online discussions of texts and selected articles; consultation/collaboration field experience; written reflection of field experience; case report of field experience and role playing of various strategies and techniques.

Course Description:
This course consists of practical application of studies in counseling. Students must be actively engaged in a counseling field placement and collaborate with peers and faculty supervisor throughout the internship experience.

Specific course objectives:
As a result of this course, students will demonstrate as related to the effective practice of consultation and collaboration:

<table>
<thead>
<tr>
<th>Course: COUN 688: Mental Health Internship</th>
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<tbody>
<tr>
<td>III. Professional Practice. G. The program requires completion of a supervised internship in the student’s designated program area of 600 clock hours that is begun after successful completion of practicum. The internship is intended to reflect the comprehensive work experience of a professional counselor appropriate to the designated program area. The internship includes all of the following:</td>
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<td>1. 240 hours of direct service;</td>
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<td>2. Weekly interaction with an average of one (1) hour per week of individual and/or triadic supervision, throughout the internship, usually performed by the on-site supervisor;</td>
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<td>3. An average of one and one half (1 1/2) hours per week of group supervision provided on a regular schedule throughout the internship and performed by a program faculty member;</td>
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<td>4. The opportunity for the student to become familiar with a variety of professional activities and resources in addition to direct service (e.g., record keeping, assessment instruments, supervision, information and referral, in-service and staff meetings);</td>
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<td>5. The opportunity for the student to develop program-appropriate audio/video recording for use in supervision and/or to receive live supervision of the student’s interactions with clients;</td>
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<td>6. Evaluation of the student’s counseling performance throughout the internship including documentation of a formal evaluation after the student completes the internship by a program faculty member in consultation with the site supervisor.</td>
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CMHC. Foundation-A. KNOWLEDGE

3. Understands the roles and functions of clinical mental health counselors in various practice settings and the importance of relationships between counselors and other professionals,
including interdisciplinary treatment teams.

**CMHC. Foundations – B. Skills/Practice**

1. Demonstrates the ability to apply and adhere to ethical and legal standards in clinical mental health counseling.

2. Applies knowledge of public mental health policy, financing, and regulatory processes to improve service delivery opportunities in mental health counseling.

**CMHC. Counseling Prevention and Intervention – D. Skills/Practices**

2. Applies multicultural competencies to clinical mental health counseling involving case conceptualization, diagnosis, treatment, referral, and prevention of mental and emotional disorders.

7. Applies current record-keeping standards related to clinical mental health counseling.

9. Demonstrates the ability to recognize his or her own limitations as a clinical mental health counselor and to seek supervision or refer clients when appropriate.

**CMHC. Diversity and Advocacy – F. Skills/Practice**

2. Advocates for policies, programs, and services that are equitable and responsive to the unique needs of clients.

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**Course Requirements and Grading Criteria:**

**Grading**

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<tr>
<th>Assignment #</th>
<th>Points</th>
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<tbody>
<tr>
<td>1. Case Conceptualization</td>
<td>200</td>
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<tr>
<td>2. Videotape # 1</td>
<td>100</td>
</tr>
<tr>
<td>3. Videotape # 2</td>
<td>100</td>
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<tr>
<td>4. Participation</td>
<td>100</td>
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<tr>
<td>5. Completed Logs &amp; Supervisor Evaluations</td>
<td>500</td>
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<tr>
<td><strong>TOTAL POINTS</strong></td>
<td><strong>1000</strong></td>
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**Course Assignments**

All work needs to be formatted according to APA style. Assignments are to
be turned in at the start of class on the assigned due date. Late assignments will be accepted with the understanding that 5 points will be deducted for each day late, including the weekends.

Case Conceptualization/Treatment Plan: Students will identify one client (preferably related to an individual who you are working with in an individualized counseling relationship). This client should be identified by the second week of internship. (200 points)

Videotapes/Audiotapes & Analysis: Students will be required to complete two 3-5 minute videotaped counseling session demonstrating specified counseling skills, each of these videotapes will be partnered with a self-analysis paper. The Analysis will require that you identify specific counseling skills outlined in the Ivey & Ivey text. You will identify the type of statement made by you (the counselor) on the transcript (paraphrase, open question, closed question, summarization, encourager, etc.), the intent, and the focus of the statement, along with a section for comments related to the statement. The transcript should be double-spaced throughout. An example of this will be shown in class.

Videotape #1: Basic attending skills, invitational skills, paraphrasing and reflecting meaning
100 points (40 point evaluation & 60 point paper)

Videotape #2: feelings and summarizing, challenging skills, goal setting skills & change techniques
100 points (60 point evaluation & 40 point paper)

Participation: Participation in integral to the professional growth associated with an internship course. Participation expectations go far beyond attendance at class and internship site. Up to 100 points can be allotted for participation. Further discussion of how points are allotted will be discussed during class. (100 Points)

Identification of Course Artifacts for Professional Portfolio:
Graduate students in counseling are expected to maintain a Professional Portfolio during their training. The Portfolio must contain samples of at least one key assignment from each GSC course and examples of your professional activities outside of class. You are responsible for selecting and placing samples of your work in your Portfolio each semester. You will also want to included your professor's evaluation and feedback of your work in your Portfolio.

Your professional products can now be easily stored in an electronic Professional Portfolio identified for your use only. The web address to this electronic Portfolio is: https://eaglenet.cn.edu/GSC. Your login and password to this site are the same as for your CN email.
Projects and products from this course that you may wish to archive in your Professional Portfolio include: a copy of your case conceptualization/treatment plan (be certain any confidential information is removed from the document prior to submitting to your Portfolio).