Carson-Newman University  
COUN 640: Marriage and Family Therapy in Mental Health  
Course Syllabus

Course Instructor:  
Email address:  
Office Hours:  
Phone:  

Credit: Three (3) semester hours graduate

Required Texts:  

Recommended Texts. Students may use other professional sources in their research. In addition to other sources, the following texts are recommended:


Online Delivery System (Course Platform):  
This course will be using Edvance360 as the platform in which the course is presented.

TECHNOLOGY REQUIREMENTS:  
Computer requirements:  
• A PC running Windows XP or later or a Macintosh running OS 10.2 or higher  
• Audio capability may be required  
• Internet connection using Broadband, Satellite or DSL

Software requirements:  
• Browser with Javascript: Mozilla Firefox 4 or above (Recommended); Internet Explorer 7 or above or Safari 4 or above  
• Enabled Java Plug-In required or Adobe Flash Player  
• Office 2003 or Office 2007 (recommended) for PC’s, Office 2000 or 2008 for Mac’s  
• Adobe PDF Reader, free from [www.adobe.com](http://www.adobe.com)

For more information about online learning requirements see:  
*C-N Online Learning Student Handbook* retrieved at [http://cnweb.cn.edu/odlorientation/](http://cnweb.cn.edu/odlorientation/)

Accessibility:
This course has been designed to meet the requirements contained in the Americans with Disabilities Act, Section 508. If you require specific accommodations to complete this course, notify your instructor. Any student with a special documented disability (sight, hearing, mobility, learning, etc.) that may affect class activities should contact the Coordinator of Students with Disabilities, David Humphrey. Mr. Humphrey’s phone number is 471-3268. His office is located in Kathleen Manley Wellness Center. Students will have to provide appropriate documentation.

Methods of Instruction:
This course will include: readings and online discussions of textbook and articles; review and reflections of counseling videos and podcasts; analysis of case studies; completion of chapter quizzes; reflection papers; and, final exam.

C-N Online/e360 & Online Etiquette:
We will be using the C-N Online Learning Management System that is powered by Edvance360, a web-based program that you will use to access the courses content and resources. I will be able to interact with you as well as assess and monitor your progress for this course. You will log on: http://cnonline.cn.edu with your standard Carson-Newman username and password (such as you use for your e-mail). Once logged in you will have access to a complete C-N Online/e360 Student Manual under the help menu.

For this course you will begin by reading any information on the Course Home page. On the home page will be this syllabus, a course schedule and Lessons. Use the Lessons tool to access your assigned items for the week. This may include readings, PowerPoint viewing, videos, etc. You are responsible for completing the lessons when they are due. Follow closely this syllabus, the course calendar in C-N Online and any course alerts that you will see at the top of your Course Home Page.

<table>
<thead>
<tr>
<th>Course Objectives</th>
<th>CACREP</th>
<th>EVAL</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>KNOWLEDGE</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Examine the historical, conceptual, and contemporary contexts of family therapy</td>
<td></td>
<td>1-3</td>
</tr>
<tr>
<td>Compare and contrast theoretical approaches to family therapy</td>
<td></td>
<td>1-3</td>
</tr>
<tr>
<td>Review trends, issues, and recommendations from family therapy research</td>
<td></td>
<td>1-3</td>
</tr>
<tr>
<td><strong>SKILLS</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Demonstrates ability to discern counseling roles within the context of counseling</td>
<td></td>
<td>1-3</td>
</tr>
<tr>
<td>for individuals, couples, groups and families</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Is able to identify the Bio-PsychoSocial Model and integrate it into individual</td>
<td></td>
<td>1-3</td>
</tr>
<tr>
<td>and family treatment.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Demonstrates ability to initiate individual and family treatment utilizing</td>
<td></td>
<td>1-3</td>
</tr>
<tr>
<td>appropriate assessment inventories.</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Course assignments and grading. Participation in this course will be conducted via the CN Edvance360 website. Course assignments will include the following:
1. Weekly online discussions concerning specific theories/approaches addressing “BRIEF” constructs including intrigue or what is of interest, areas needing clarity, or personal thoughts and ideas to share with others. A weekly post is required along with three meaningful replies to classmates. “I agree” is NOT a meaningful reply.

2. From weekly discussions, create an in-depth individual informational guide focusing on the major marriage and family theories/approaches. If designed effectively, this assignment will provide useful information when studying for the MFT licensure examination. Following are guidelines to include within your data:

1. History/Background of the approach
2. Major theoretical constructs or concepts
3. Methods of Clinical Assessment
4. Change Mechanisms or techniques used to encourage change (such as motivational interviewing)
5. Leading proponents of each theoretical approach (such as M. Bowen, S. Minuchin, V. Satir, etc.)
6. Therapeutic interventions of each approach

**NOTE:** This guide must be in your own words (not copied from a site) and include a bibliographic source for material included.

An example of resources might be: [http://www.thebowencenter.org/](http://www.thebowencenter.org/) when researching Murray Bowen’s theory/practice of family therapy (Multigenerational theory). Summarize major concepts, etc. in your own words from this site and give proper documentation.

Also, it might be advantageous to explore the values/ethics involved with MFT and how these are involved in with therapy. Describe what is a “family”. Include how each theory addresses diversity. No formal APA style is required; use effective organization and creativity.

3. The final exam will consist of a two to five page paper incorporating a theory/approach that most closely aligns with the student’s personal value system and choice of therapy. Some ideas for the paper include family background, past experiences with counseling, personal association with a particular style and why, personal philosophy for life, learning, or relationships. No formal APA style is required; utilize appropriate writing mechanics.
Weekly Topics

<table>
<thead>
<tr>
<th>Bowenian or Multigenerational Therapy (Family of Origins)</th>
</tr>
</thead>
<tbody>
<tr>
<td>CBT (Cognitive Behavioral Therapy)</td>
</tr>
<tr>
<td>Brief Solution-Focused Therapies</td>
</tr>
<tr>
<td>Experiential Therapy</td>
</tr>
<tr>
<td>Structural/Strategic Approach</td>
</tr>
<tr>
<td>EFT (Emotionally Focused Therapy)</td>
</tr>
</tbody>
</table>

Grading Rubrics

**Weekly Discussion:** possible 50 points per week for total of 300

- 50 points = relevant, accurate, and concise timely post for weekly topic along with 3 meaningful replies to classmates
- 40 points = weekly post with 2 replies
- 30 points = weekly post with 1 reply
- 20 points = weekly post
- 0 points = no post or replies

Some additional points may be subtracted for relevance, accuracy, or meaningless comments

**Informational Guide:** 500 possible points

- 500 points = Guide contains the following elements for the weekly topics: Bowenian Multigenerational Therapy (Family of Origins), CBT (Cognitive Behavioral Therapy), Brief Solution-Focused Therapies, Experiential, Structural/Strategic Approach, and EFT (Emotionally Focused Therapy).
  1. History/Background of the approach
  2. Major theoretical constructs or concepts
  3. Methods of Clinical Assessment
  4. Change Mechanisms
  5. Therapeutic interventions

Points will be deducted for missing elements. Some additional points may be subtracted for irrelevance or inaccuracy.

**Final:** 200 possible points
200 points = Final paper illustrates self-reflection with connection to related theory/approach with minimal writing errors.

Special Notes

General Information

[1] Your professor encourages to contact him about any concerns, questions, or issues pertaining to your performance in this course.
[2] Contact Information:

   Email: 
   Phone: 
   PO Box: 
   Office Baker: 

Syllabus and Grade Change Policy
Based on the needs of the student and extenuating circumstances and/or unforeseen events, the instructor reserves the right to alter the syllabus and grading scale, as well as the activities required for evaluation to ensure that course objectives are appropriately addressed.

Online Policies
All assignments are due on published schedules and students are responsible for submitting the work in a timely manner. Students will not be penalized and can make up delayed assignments due to a documented illness, the death of immediate family member, an approved delay, or participation in a college-sponsored activity caused the absence. Otherwise, the instructor has no obligation to allow students to make up their work.

All students will be required to meet standards and policies published in the graduate catalog regarding ethics, behavior, online requirements, academic procedures, and financial policies. Please consult the catalog for these policies.